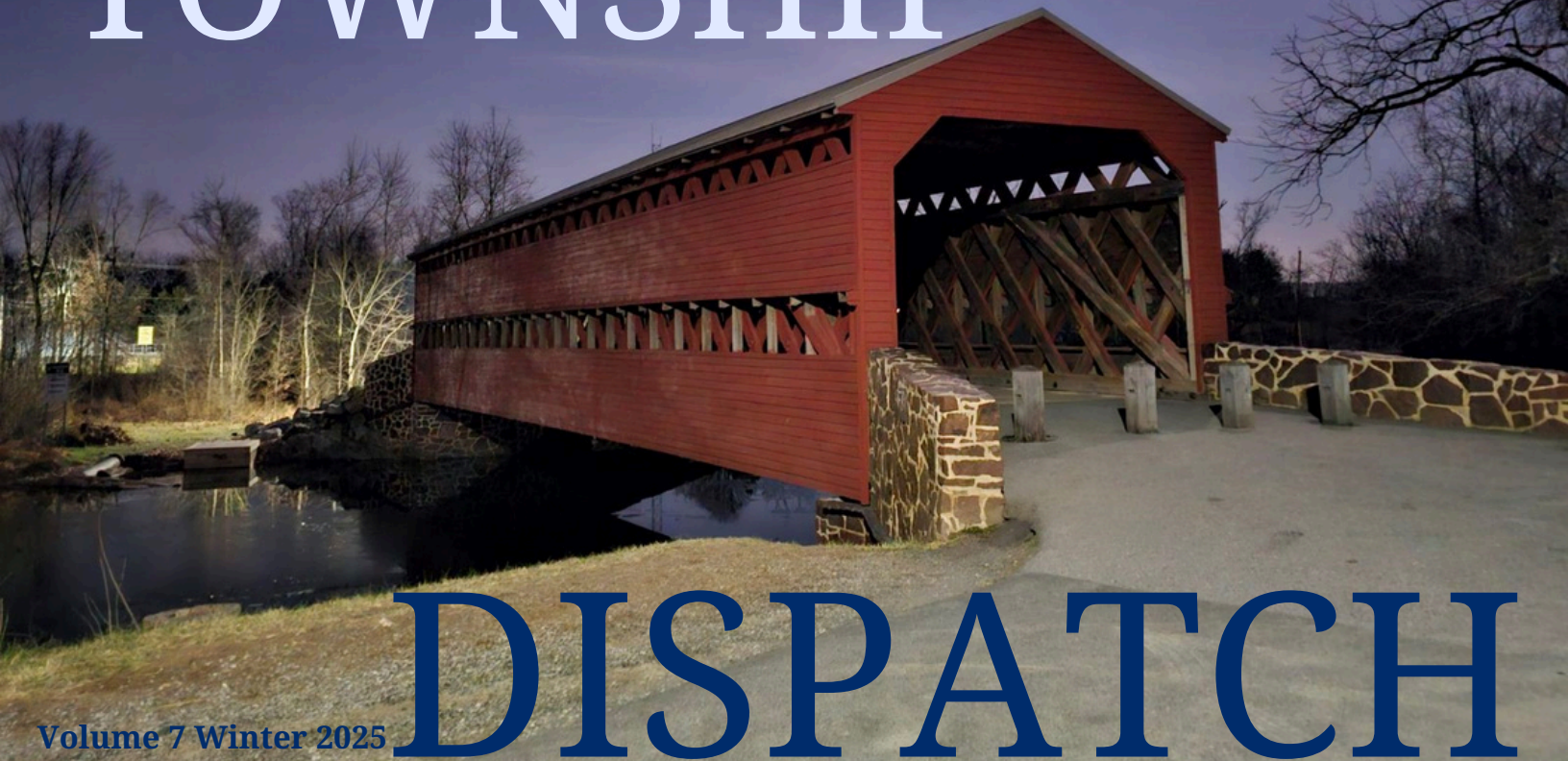


# CUMBERLAND TOWNSHIP



# DISPATCH

Volume 7 Winter 2025



Photos by Mary Voss

# From the Chairman's Desk...

Looking back on 2024, while keeping in mind goals I stated in my January 2024 “Meet the Supervisor” article, I am proud to say many of those goals have been accomplished thanks to the hard work and dedication of all involved at Cumberland Township. I have been honored to serve as Chairman of the Cumberland Township Supervisors in 2024. I look forward to improving on this role in 2025 thanks to the nomination of my fellow board members.

As chair of the finance committee, I am proud that another fiscally responsible budget has passed for 2025 without passing a tax increase on to my fellow Cumberland Township residents. This accomplishment is only because of the collective effort of the administration team, the police department, and the highway department being financially responsible over the past year and projecting the same for 2025. One especially important fiscal project that was completed in 2024 was the addition of Asset Allocation Tables for budgeting. These tables budget for large capital purchases for the next 20 plus years. This planning helps keep the township on financial track while also providing needed assets to the full-time staff of Cumberland Township in order to best serve our residents.

Another great accomplishment in 2024 was the building renovation project reaching the bid stage. Many, many hours of meetings, collaboration, and dedication have gone into getting to this milestone. This accomplishment is in large part due to the dedication of the Cumberland Township Manager Dave Blocher, our State Representatives, and the Cumberland Township staff. This team effort has also resulted in additional grants to the township to the tune of \$800,000 in 2024. Between these newest grants awarded those awarded in previous years, the township now has roughly \$2.1 million in grant funding. The \$2.1 million in grant funding will cover approximately half of the anticipated building cost. This renovation, projected to be completed by the end of 2025, will benefit Cumberland Township residents for generations to come!

Municipal Office view, come over and walk the trails!



Photos by Mary Voss

# From the Chairman's Desk...Cont...

One last accomplishment that I would like to highlight from 2024 is the continued support from the Cumberland Township Board of Supervisors to the Ag. Preservation line item in the 2025 budget. This line item has helped preserve the Maring Farm in 2024, a farm that lies within the boundaries of Cumberland Township. The preservation of the Maring Farm in 2024, the preservation of Dave and Bea Waybright Farm in 2023 and future properties will help keep Cumberland Township a desirable community that we all enjoy and live in.

Looking forward to 2025, many of my goals for 2024 still hold true for 2025. I look forward to providing the staff with the needed resources to continue to provide the high standard of services Cumberland Township residents value and have come to expect. These resources allow the staff to serve our residents while upholding the successful fiscal practices Cumberland Township has relied on for years. I also plan to continue to implement more ways to meet the needs of the Township from an urban, agrarian, and rural life perspective from years past. Building upon my continuous goals, I look forward to gaining more perspective and knowledge of residents' desire for recreation within the Cumberland Township boundaries and how that desire can come to realization in the future to add to the great Cumberland Township way of life.

Shaun Phiel  
Chairman,  
BOS



Photos by Mary Voss

Your Board of Supervisors  
meets the 4th Tuesday of every month  
at 7:00pm 730 Chambersburg Road

Stay on top of  
Township  
happenings by  
downloading Savvy  
Citizen today!



# From the Manager's Desk...

It is a great day in Cumberland Township!

I would like to first take a moment to thank the entire Cumberland Township and Authority staff for providing another wonderful year of service to the residents of Cumberland Township. In addition to the staff, we also greatly appreciate all the volunteers that help serve on different boards and committees. Working together, everyone is making Cumberland Township a beautiful place to call home.

The Township looks forward to our new Police and Administrative offices getting underway with bids currently scheduled to be opened February 4, 2025. This expansion has been long overdue and will be a great benefit to the over 7,000 residents of our township. We are anticipating work to get started early spring and hopefully allow us to move back in about 10 months after work is started. In addition to the building renovation, we also welcome two New Police Officers to the township! A warm welcome to Jordan Spidle and Fausto Rodriguez. They are joining an amazing team that keeps our township safe.

Lastly, a friendly reminder that the township makes great efforts to share information about what is happening within our community. We encourage you to sign up for Savvy Citizen to receive updates and information about the various goings on in Cumberland Township. These updates could be road work, police closures and/or updates, administrative information, meeting dates, and emergencies. Simply scan the QR below or visit [www.cumberlandtwppa.gov](http://www.cumberlandtwppa.gov) scroll down on our home page to the Township Online Services and click "Sign Up Today" under the Savvy Citizen Icon.

Speaking of Snow and Ice Emergencies, remember your vehicles need to be removed from streets and/or public right-of-ways on ALL Cumberland Township roads. In addition, we ask if you can assist in shoveling out any fire hydrants and handicap ramps or entrances that may be near you. Remember-- you are prohibited from blowing or throwing snow back into the streets.

Be safe out there and cheers to an awesome 2025!

**David Blocher**  
Township Manager



- Alerts
- News
- Events

SCAN ME



Sign up for free at:  
**SavvyCitizenApp.com**

Available on the App Store  
GET IT ON Google Play

Preserve our Heritage - Provide Quality Services - Plan for our Future

# A Pile of Thank You's

It's been a busy year this year with the building renovation in its beginning stages. I'd like to extend an enthusiastic THANK YOU to our awesome township employees who were vital in the seamless transition from our municipal building into our temporary office space at the former Country Club location. Another big thank-you goes out to our Township Manager, Dave Blocher, for securing new-ish office furniture for the renovated building at substantial cost savings to the township. Next thank-you on the list goes to Manager Blocher and Chief Matt Trostel for securing additional grants to further offset the renovation cost.

I would like to welcome both of our new Police Cadets, Cadet Jordan Spidle and Cadet Fausto Rodriguez. They are a very positive addition to our community!

As the winter months become more frigid and the snow starts to fall, please be mindful driving and keep plenty of distance between you and the vehicles ahead of you! If there is a plowable amount of snow, please help out our Road Crew by parking in your driveway so they can thoroughly and safely clear our township roads. Refrain from throwing your snow into the streets and be sure to clear your sidewalks for the safety of yourself and your neighbors.

I would like to take this opportunity to ask our township residents to help me locate old photos from around our township that might give us a glimpse of our history. I'm looking for photos that showcase our historical buildings, especially any landmarks that have commemorative plaques marking the locations! We are going to showcase these historical photos in our newly renovated municipal building as a testament to the folks and places that make Cumberland Township a special place to live.

One final thank you goes out to our entire township staff for all the hard work they have put forth in making this year one to remember! Your hard work is noticed and appreciated. I hope everyone had a very Merry Christmas and an equally Happy New Year! Be safe out there!



Witherow's Mill on Marsh Creek, Cumberland Twp., Adams Co., PA  
From the Albert Cook Myers Collection at Chester County Historical Society, West Chester, PA



Get involved with the township! Sign up for Savvy Citizen today!

## Jeff Brauning Board of Supervisors



*Covered Bridge near Eisenhower Home*



BREAM'S MILL.

# From your Maintenance Department...

Winter is an especially busy time for the Cumberland Township Maintenance Department. Not only are we prepared 24 hours a day 7 days a week in moment's notice to fight any winter weather Mother Nature throws at us, but the winter season is also a time that we perform maintenance on our equipment and prepare for projects for the upcoming season.

Crews will continue mapping the stormwater facilities throughout the Township using the GIS mapping system. These crews will be in an official Township vehicle and will have official Township identification. This mapping is being completed to comply with the Townships MS4 (Municipal Separate Storm Sewer) mapping which is required for state and federal compliances. Mapping is also used internally to track upgrades, age, and capacities of the collection systems.

There will be various street name sign upgrades around the Township in areas that projects were conducted this summer. These signs along with Speed Limit, Roadway Warning, and Directional signs will be utilizing a Hi-Viz material to help motorists identify the signs easily. Our crew also replaced and upgraded the Horse Crossing signs on Emmitsburg and Taneytown Roads to Hi-Viz materials to help protect those using the crossings.

Another big part of the winter season is tree trimming and removal of dead or hazardous trees. This task helps in various ways including improving sight distances and allowing sunlight to get to the roadways to help with thawing during winter weather.

As explained in the last issue of the Cumberland Township Dispatch, winter weather events can be hazardous to the traveling public. When winter weather strikes the Maintenance Department is out in full force striving to keep the roadways safe for the traveling public. Please use caution when approaching snow removal equipment. The Township uses Savvy Citizen, along with various local news media and public service outlets, to notify citizens and travelers of snow emergencies, closures, and delays.

This holiday season the Township will have a Christmas Tree Recycling Drop off at it's 1370 Fairfield Road location. Trees should be unwrapped, with no lights, ornaments, or bases attached. Please place the trees in the designated area in the orange fence adjacent to the administration building.

Keep reading to meet two more of our steadfast crew on the next page!!

Chris Walter

Superintendent of Roads

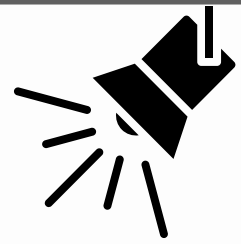


Did you know? Road closures, road work, and road emergencies will be broadcast via the Savvy Citizen App. Sign up today to stay in-the-know!

# More from Maintenance...

## EMPLOYEE SPOTLIGHT

### Meet Ben!!



What is your job title and how long have you worked for the township?

- ★ Laborer, 6 years

How do you like to spend your free time when you aren't busy keeping our township awesome?

- ★ I'm either working at home on my self-employment, spending time with my family, or spending time in the great outdoors!

Who or what inspires you, both personally and professionally?

- ★ That's an easy one, my family!



### Meet Levi!!

What is your job title and how long have you worked for the township?

- ★ Laborer, 2 years

How do you like to spend your free time when you aren't busy keeping our township awesome?

- ★ I like to spend time with my family and be outdoors.

Do you have a favorite book, movie, or TV show you'd recommend?

- ★ Yellowstone!

Who or what inspires you, both personally and professionally?

- ★ My family and friends.

What's one piece of advice you'd give to someone starting out in local government?

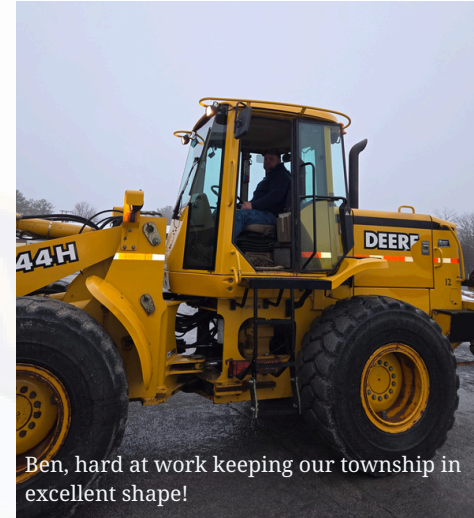
- ★ Keep working hard, everything takes a little bit of patience!

And what's the best piece of advice you've ever received?

- ★ Do your job and God will take care of the rest!

What's one thing you are looking forward to in the next year?

- ★ Having another year to grow, personally and professionally!



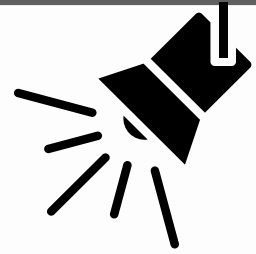
Ben, hard at work keeping our township in excellent shape!

THANK YOU  
BEN & LEVI  
FOR YOUR  
TIRELESS  
EFFORTS IN  
OUR  
COMMUNITY!



Levi, always happy to help!

# From your Chief of Police...



## EMPLOYEE SPOTLIGHT

### Meet the Chief!!

What is your job title and how long have you worked for the township?

- ★ I was in the 84th HACC police academy that ran from July to November of 2003. I started as a part time patrol officer in February of 2004, so about 20 years. I worked part time until I was promoted to full time officer in 2007, Sergeant in 2013, Acting Chief in February 2022 and confirmation as Chief in June of 2022.

What initially attracted you to the township and working in local government?

- ★ I was urged to apply to Cumberland Township PD by my Dad who was a Sergeant at Eastern Adams Regional PD. He had a lot of influence on my early career in helping me make some good, long-term, career decisions. He also encouraged me to continue working to finish my bachelor's degree at York College and CTPD was able to help me achieve that. I was able to graduate from York College in 2012 with my B.S. in Criminal Justice.

Describe your role and tell us what you enjoy most about it!

- ★ My role as Chief is to be the leader of the police department. I not only represent the officers but the elected board of supervisors and the greater Cumberland Township community. I am first a police officer who oftentimes will respond with the patrol officers to emergencies since we are a small department. I have learned a great deal about the policing profession over my career. As the Chief I am able to provide direction and a vision to the future of the department.

What is one project or accomplishment you're particularly proud of?

- ★ I am very proud of completing the prestigious Northwestern University School of Police Staff and Command and the prerequisite Supervising Police Personnel courses. This was very challenging coursework that really tested my research and writing skills.



Did you know? Emergency alerts are broadcast through the Savvy Citizen App! Sign up today!



# From your Chief of Police... Cont...

How do you like to spend your free time?

- I enjoy spending quality family time with my wife Erin, my daughter Ellie and our two dogs (Penny the boxer and Daisy our English Springer Spaniel). I have also been honing my pit master skills on my smoker for the past 14 years. I am quite fond of smoking briskets, pastrami, turkey, chicken, pork ribs and recently learned how to cure & smoke bacon. I like to make different smoked dishes to share with family, friends and neighbors. Good food can really bring people together.

Do you have a favorite book, movie, or TV show you'd recommend?

- ★ I have recently finished watching Ted Lasso and thoroughly enjoyed that show.

What is something unique or interesting about you that most people don't know?

- I am an accomplished firearms instructor. I hold certifications in pistol, shotgun, rifle, tactical shooting and select fire disciplines. I really enjoy teaching new shooters how to safely use and handle firearms.

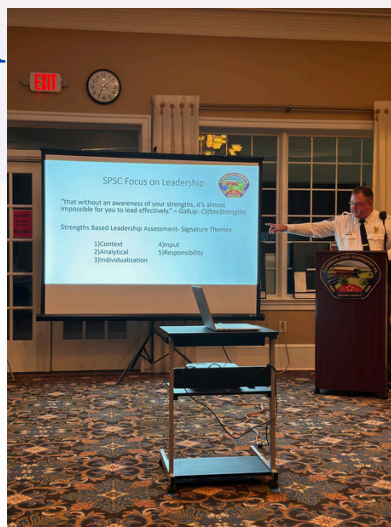
What's one thing you are looking forward to in the next year?

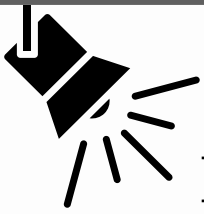
- The next year is going to focus on bringing our two cadets, Jordan Spidle and Fausto Rodriguez, into the police department and helping them to grow into full-fledged Cumberland Township Police Officers. I am very much looking forward to working with the building committee as the major renovations to the Cumberland Township Municipal Building are taking shape. I am also looking forward to working with our elected officials and community stakeholders to secure grant funding to help our department fund improvements such as tough tablets and body cameras for the police department.

## Chief Matthew S. Trostel



THANK YOU MATT  
FOR KEEPING OUR  
TOWNSHIP SAFE!





# EMPLOYEE SPOTLIGHT

## Meet Chase!!



What is your job title and how long have you worked for the Authority?

- ★ Laborer, 6 months

What initially attracted you to our township and working for a municipal authority?

- ★ The excellent reputation of CTA, it's close to my home, and it's a wonderful opportunity to get in on the ground floor of a stable and fulfilling lifelong career.

Describe your role and tell us what you enjoy most about it!

- ★ I assist in plant operation and servicing. For example, mowing grass, changing oil, cleaning vehicles and machinery.
- ★ A lot of hands-on work! I enjoy that each day is productive and different. Learning new skills helps the day move by quickly.



How do you like to spend your free time?

- ★ Hanging out with my friends and family. Some of my hobbies are sports, hunting, video games, music, and working on cars.

What's one piece of advice you'd give someone starting out in local government?

- ★ Be willing to learn and get your hands dirty! It can be a lot at first, but once you understand the job it gets easier.

Want to know more or get involved?  
The CTA Board meets the 2nd  
Monday of each month at 3:00pm  
730 Chambersburg Road

Save checks and time with auto-pay!  
Automatic payments can be set up through  
our customer portal at  
[cta.authoritypay.com!](http://cta.authoritypay.com)

If you could have dinner with any historical figure or celebrity, who would it be and why?

★ I would pick Kobe Bryant. I admired his hard work ethic, dedication, fearlessness, drive, and love of the game. He gave me the mentality of “first too arrive, last to leave.” He was a Pennsylvania native and one of my favorite athletes of all time!

What is one thing you are looking forward to in the next year?

★ I am looking forward to furthering my career and building my future! I am just starting my twenties, so I have a lot of life ahead of me. Hopefully I will be able to start working on my Operator License. I am also saving up for a home and vehicle upgrade!

THANK YOU  
CHASE FOR  
YOUR  
WILLINGNESS  
TO JUMP RIGHT  
INTO THE HARD  
WORK!



# KEEP AN EYE OUT!! NEW BILL FORMAT ON THE WAY!

No more little green postcards! Your January sewer bill will be a full size letter in an envelope. Payment options remain the same. Remember to sign up for autopay and e-billing at [cta.authoritypay.com](http://cta.authoritypay.com)!

**CUMBERLAND TOWNSHIP AUTHORITY**  
1370 FAIRFIELD ROAD  
STE 2  
GETTYSBURG, PA 17325

**Office Hours**  
Monday thru Thursday 8am-4pm  
Address: 1370 Fairfield Road, Suite 2  
Gettysburg, PA 17325  
Phone: 717-334-6450 ext. 205  
Website: [www.cumberlandtwp.org](http://www.cumberlandtwp.org)

<b>Due Date</b>	07/22/2024
<b>BEFORE DUE DATE</b>	84.00
<b>AFTER DUE DATE</b>	92.68

NAME TEST A  
ATTENTION TEST  
1123 TEST ST  
APT 12  
TEST CITY PA 13223-2134

SERVICE ADDRESS: 100 SERVICE TEST ST APT 151	SERVICE PERIOD: 01/08/2024 TO 04/26/2024
ACCOUNT NUMBER: 148463-16	CID: 19760
SERVICE TYPE	AMOUNT
Deposit Paid	11.00
Previous Balance	25.00
Penalty	8.78
Payments	-24.00
Adjustments	65.00
Prior Balance	49.00
Water Charge	74.00
Sewer Charge	25.00
Payment Plan Amount	20.00

* Auto Draft - Do Not Pay *	* Inactive Account * (Corrected)	Credit Balance - Do Not Pay
<b>AMT DUE IF PAID BY DUE DATE</b>		<b>TOTAL DUE</b>
		84.00

To ensure proper credit, detach bottom portion and return it in the enclosed envelope

PLEASE CHECK BOX IF MAILING ADDRESS IS INCORRECT OR HAS CHANGED, AND INDICATE CHANGES ON REVERSE SIDE

<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 20%;">ACCOUNT NUMBER</td> <td style="width: 30%;">148463-16 100 SERVICE</td> <td style="width: 50%;">SERVICE PERIOD</td> <td style="width: 15%;">01/08/2024 TO 04/26/2024</td> </tr> <tr> <td>SERVICE ADDRESS</td> <td colspan="3">TEST ST APT 151 Test</td> </tr> <tr> <td>NAME ON ACCOUNT</td> <td colspan="3">Account Name</td> </tr> </table>	ACCOUNT NUMBER	148463-16 100 SERVICE	SERVICE PERIOD	01/08/2024 TO 04/26/2024	SERVICE ADDRESS	TEST ST APT 151 Test			NAME ON ACCOUNT	Account Name			<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td colspan="2" style="text-align: center;"><b>DUE DATE - 07/22/2024</b></td> </tr> <tr> <td style="width: 50%;">BY DUE DATE</td> <td style="width: 50%;">AFTER DUE DATE</td> </tr> <tr> <td style="text-align: center;">84.00</td> <td style="text-align: center;">92.68</td> </tr> <tr> <td>Check #</td> <td>* AUTOPAY - DO NOT PAY - Credit Balance - Do Not Pay</td> </tr> </table>	<b>DUE DATE - 07/22/2024</b>		BY DUE DATE	AFTER DUE DATE	84.00	92.68	Check #	* AUTOPAY - DO NOT PAY - Credit Balance - Do Not Pay
ACCOUNT NUMBER	148463-16 100 SERVICE	SERVICE PERIOD	01/08/2024 TO 04/26/2024																		
SERVICE ADDRESS	TEST ST APT 151 Test																				
NAME ON ACCOUNT	Account Name																				
<b>DUE DATE - 07/22/2024</b>																					
BY DUE DATE	AFTER DUE DATE																				
84.00	92.68																				
Check #	* AUTOPAY - DO NOT PAY - Credit Balance - Do Not Pay																				

Please make checks payable to:  
**CUMBERLAND TOWNSHIP AUTHORITY**

Cumberland Township Authority  
1370 Fairfield Road, Suite 2  
GETTYSBURG PA 17325-0307

Keep an eye on the Savvy Citizen app for upcoming sewer board meetings!



## Capital Improvements Corner

South Plant Siphon Replacement- Substantially complete  
South Plant Post Equalization, UV System, & Digester Conversion-  
Out to bid until 1/30/2025.  
Retrofit Old Mill Pump Station- Project awarded to PSI, Inc.

# Let's Talk Storm Water!

## Winter Stormwater Tips

As winter approaches, it's crucial to ensure your property is ready to handle the challenges posed by snow, ice, and the potential for heavy rainfall. Effective stormwater management during the colder months is essential for preventing flooding, protecting infrastructure, and reducing the risk of water damage. Here are some winter stormwater maintenance tips to help you keep your property safe and your stormwater systems functioning properly throughout the season.



Inspect and clear gutters, downspouts, and drainage systems around your property. Accumulated leaves, debris, and ice can clog gutters, preventing proper drainage. Ensure French drains, swales, and catch basins are free-flowing and free of ice to prevent flooding.



While salt and de-icing agents are important for keeping sidewalks and driveways safe, they can have a negative impact on stormwater runoff. Excess salt can contaminate local waterways, harming vegetation and aquatic life. Use de-icing products sparingly, and consider using alternatives such as sand or non-toxic ice melts. Start shoveling early! The more snow you removed, the less salt or sand you will need. After storms, be sure to clear away any excess salt or de-icing materials from surfaces to prevent them from washing into stormwater drains.

Remember - when the temp drops below 15 degrees, salt is not effective.



For properties with sump pumps, winter is a critical time to ensure they're in working order. Test your sump pump to confirm it's functioning properly and can handle the additional volume of water from snowmelt. Also, check if your backup systems, like a battery-operated backup pump, are in good condition in case of power outages during winter storms.



While it may be tempting to pile snow in convenient locations, avoid placing snow near storm drains, catch basins, or drainage systems. Snow piled on top of drainage infrastructure can block water flow and contribute to ice formation or flooding once the snow begins to melt. Ensure snow piles are placed in areas where they won't obstruct water runoff or drainage systems and have the most opportunity to infiltrate into the ground. Pile snow uphill from your rain garden so it can do what it is designed to do!

# Watershed Alliance of Adams County

## Seedling Distribution Information

This year the Watershed Alliance of Adams County continued its collaboration with the Adams County Conservation District as founding members of the Adams County Planting Partnership (ACPP). In 2024 the ACPP, through our spring and fall seedling distributions, gave away a total of 16,450 native trees and shrubs to over 640 participating residents. The seedlings are provided to ACPP by the Chesapeake Bay Foundation's Keystone Ten Million Trees initiative.

Since we began this partnership in 2018, we have distributed more than 87,000 seedlings, primarily to Adams County residents. This year we also conducted educational programs at both Gettysburg Area High School and the New Oxford Middle School. Students learned about watershed management as they planted seedlings along riparian buffers on their school property. We credit our many energetic volunteers—and the Conservation District's dedicated staff—for the ACPP's great success.

You might wonder, why is a watershed alliance so involved in giving away native plants? Native trees and shrubs are uniquely suited to our local ecosystems, and once planted by local landowners, they quickly and effectively set to work absorbing pollutants from stormwater runoff, reducing erosion, capturing atmospheric carbon, and in general going a long way toward helping us advance our mission of protecting and preserving Adams County's water resources.

We will be distributing seedlings to Adams County residents again during the spring and fall of 2025. This coming February watch for information regarding the spring seedling distribution on the Savvy Citizen app, the Watershed Alliance of Adams County website, or sign-up to be added to the seedling distribution reminder list. Join us as we help improve our watershed one tree at a time!



Visit [adamswatersheds.org](https://adamswatersheds.org) for more information!

Keep an eye on the Savvy Citizen app for seedling distribution information!



# Winter Lecture Series at Gettysburg National Military Park



Gettysburg, PA – Beginning January 4, 2025, the popular Winter Lecture series will begin at Gettysburg National Military Park (NMP). Featuring some of the best National Park Service rangers and historians from across the region, the 8-week Winter Lecture Series of hour-long talks will examine a wide array of subjects related to the American Civil War and Gettysburg history.

From A.P. Hill, Frederick Douglass & John Brown, to the Battle at Mine Creek and much more, these lectures illuminate the different events and personalities of this pivotal chapter in American history. “Winter is an excellent time to visit the Gettysburg National Military Park Museum of the American Civil War,” notes Christopher Gwinn, Chief of Interpretation and Education at Gettysburg National Military Park. “Through this lecture series we hope to offer visitors a reason to visit the Museum and Visitor Center and connect with the history of this special place and time in American history.”

Of special note this year is a musical performance, inspired by Civil War poetry entitled “Marching On” by composer Ryan Mascilak and his ensemble. Additionally, visitors will be able to participate in a conversation featuring abolitionists Frederick Douglass and John Brown. Brought to life by living historians Nathan Richardson and Doug Dobbs, this special theatrical performance is done in partnership with the Lincoln Cemetery Association Project.

The Winter Lecture Series is held at 1:30 pm every Saturday and Sunday from January 4 through February 23, 2025, in the Gettysburg NMP Museum and Visitor Center. Inclement weather dates for select presentations will be on March 2 & 3. Limited seating is available on a first come – first serve basis. Free tickets will be available day of at the Gettysburg NMP Museum and Visitor Center.

For those unable to attend in person, each lecture will be filmed and made available via the Gettysburg Foundation YouTube channel.

For more information, and a full listing of all programs and events, visit the park website at [www.nps.gov/gett](http://www.nps.gov/gett).

# Township Treasures

## Devil's Den to Little Roundtop

Distance: 3.9 Mi

Coverage: Some Shade

Traffic: Some

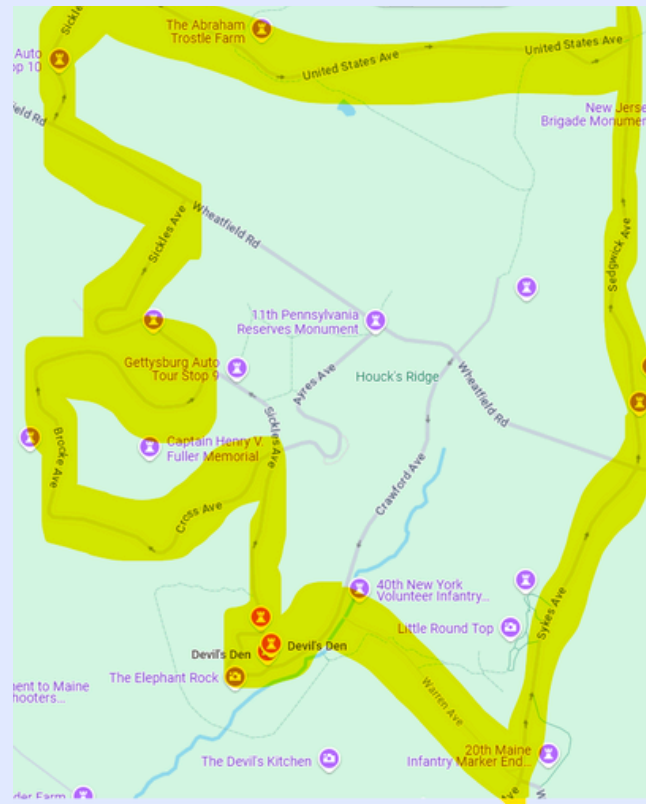
Gradient: Hilly

Flat Surface: Paved Road

Parking: Parking spaces are available near Devil's Den on S.Sickles Ave in the GNMP.

Helpful Info: The trail begins on S. Sickles Ave in front of Devil's Den. Can you find the elephant rock?

Source: adamswellness.org



## A Safety Reminder from GFD



Put a **FREEZE** on Winter Fires

Did you know?



**1 in every 6** home fires and **1 in every 5** home fire deaths involves heating equipment.

As you stay cozy and warm this winter, stay fire smart!



Have a qualified professional clean and inspect your chimney and vents **every year.**



Store cooled ashes in a tightly covered metal container and keep it **outside at least 10 feet** from your home and any nearby buildings.



# Community Bulletin Board



## 2025 MENTAL HEALTH EDUCATIONAL TRAININGS



### QUESTION PERSUADE REFER / MENTAL HEALTH AWARENESS

MONDAY, JANUARY 6, 2025 \* 8:30AM TO 12:30PM  
WELLSPAN GETTYSBURG HOSPITAL COMMUNITY ROOMS B & C  
147 GETTYS STREET, GETTYSBURG  
(USE MAIN HOSPITAL ENTRANCE & TAKE ELEVATOR TO GROUND FLOOR WHERE ROOMS ARE LOCATED)

TRAINING IS RECOMMENDED FOR INDIVIDUALS WANTING AN OVERVIEW OF MENTAL HEALTH INFORMATION ALONG WITH SKILLS IN SUICIDE PREVENTION.



### TRAUMA INFORMED CARE TRAININGS 101 & 102

MONDAY, JANUARY 20, 2025 \* 8:30AM TO 12:30PM  
WELLSPAN GETTYSBURG HOSPITAL COMMUNITY ROOMS B & C  
147 GETTYS STREET, GETTYSBURG  
(USE MAIN HOSPITAL ENTRANCE & TAKE ELEVATOR TO GROUND FLOOR WHERE ROOMS ARE LOCATED)

TIC IS AN APPROACH THAT ASSUMES THAT AN INDIVIDUAL IS MORE LIKELY THAN NOT TO HAVE A HISTORY OF TRAUMA. TIC RECOGNIZES THE PRESENCE OF TRAUMA SYMPTOMS AND ACKNOWLEDGES THE ROLE TRAUMA MAY PLAY IN AN INDIVIDUALS LIFE. TIC REQUIRES A PARADIGM SHIFT FROM "WHAT IS WRONG WITH THIS PERSON?" TO "WHAT HAS HAPPENED TO THIS PERSON". SESSIONS 101 & 102 ARE HELD TOGETHER.

### REGISTRATION IS REQUIRED

Seating is limited to 30 people.  
Please register to by clicking on this link or pasting into your browser:  
<https://forms.office.com/r/MBF3re2ess> or call 717-337-4137.

## Kickstart 2025 with Winter STREAK!

Jan. 6 - March 28, 2025

Sign up today to discover more about physical activity, healthy eating and stress management, helping you flourish throughout the winter season. Winter STREAK runs January through March, encouraging you, your family and friends to maintain a STREAK of physical and mental well-being activities!

### Winter STREAK Workshops

All workshops are 30 minutes and take place at 12:00 p.m. and 5:30 p.m. on the date listed below.

- 1 Choose Your Better - Think Big, Start Small | Jan. 8**  
Empower yourself, overcome challenges and live a full life.
- 2 Flexibility 101 | Jan. 22**  
Whole-body stretches for an anytime wellness break.
- 3 Cooking Demo: Chicken Taco Lettuce Wraps | Feb. 5**  
A quick, easy, heart-healthy entrée.
- 4 Finding Meaning Can Change Your Day | Feb. 19**  
The benefits of gratefulness and being in the "here and now."
- 5 Strength Training Made Easy | March 5**  
Whole-body strengthening exercises you can do throughout the day.
- 6 Cooking Demo: Ripe Plantain Casserole | March 19**  
Finish out Winter STREAK with a delicious cultural dish!



Sign up for our newsletter, access resources, learn about our workshops and register for prizes!  
[winterstreak.org](http://winterstreak.org)

WellSpan Health, in collaboration with our community health coalitions across the region - Healthy Adams County, Healthy Franklin County, the Community Health Council of Lebanon County and Healthy York Coalition - invites the community to participate in the Winter STREAK wellness program.



## Afterschool Program Now Enrolling

We offer a safe, supportive and FREE place for students to GROW as individuals.



This program is **FREE** to all families regardless of income. 2.5 hours per day Monday-Friday, beginning at last bell. For Locations or to enroll visit [www.cfygettsburg.com/afterschool](http://www.cfygettsburg.com/afterschool)

- Help with homework/tutoring
- Interactive/cooperative activities
- Positive character development
- Academic enrichment
- Environmental exploration
- Career development options
- Fitness and healthy lifestyle activities
- STEM projects
- Social Emotional Learning
- Visiting musicians, artists, and community partners



For more information about the CFYCD Afterschool Program located in your school, please contact Heather at 717-339-6201 or [heather@cfygettsburg.com](mailto:heather@cfygettsburg.com)

JOIN US FOR "WHEN THE SUN GOES DOWN FIND YOUR LIGHT"

WEDNESDAY January 22

TOPIC OF DISCUSSION "An Insightful Exploration of Mental Wellness"

DOORS OPEN 6:15PM

GETTYSBURG HIGH SCHOOL

REGISTRATION AND DONATIONS

All donations benefit Healthy Adams County

it's OK to talk about death

### Virtual Death Café

Held the Third Thursdays of January, April, July, & October  
6:00 PM - 8:00 PM

Bring your dinner or a snack and join the Advance Care Planning Coalitions of South-Central PA for open, constructive, life-affirming conversations about living, dying and end-of-life questions. The conversation environment is friendly, non-judgmental, and respectful - held in the comfort of your own home or office.

A Death Café is a group-directed conversation when people, often strangers, gather to talk about the topic of death ... with no set agenda, objectives, or themes. Death Cafés are FREE. They are open and respectful of people of all communities and belief systems. Sound morbid? Not at all as the conversation is very life affirming.

TO REGISTER: Contact Roberta Geidner at (410) 207-8829 or [RGAConsultingServices@outlook.com](mailto:RGAConsultingServices@outlook.com). A video link will be sent to individuals after registration is completed. For more information or if you have questions, feel free to call or email Roberta.



**penncares** 780 Cherry Tree Ct. Hanover, PA 17331 | 717-713-0082 x4100 | [trainings@penncares.org](http://trainings@penncares.org) | [www.penncares.org](http://www.penncares.org)

## WEBINAR FAMILY DYNAMICS IN DEMENTIA CARE

This program is made possible by the Emerging Philanthropist Program Endowment fund, a fund of The Foundation for Enhancing Communities.

Join us as we highlight some of the relationship changes that may occur within the family of someone diagnosed with dementia. Both family members and professionals will also gain an understanding of the respective challenges faced when dealing with dementia-related illnesses. We will share real-life situations, engage in activities, as well as improve communication methods to promote problem-solving.

**JANUARY 16, 2025**  
10:00AM - 11:30AM

**COST: \$10**

**1.5 SOCIAL WORK & NURSING CEUS**  
No Additional Cost

To learn more or to register, visit [penncares.org](http://penncares.org) and click on 'Upcoming Trainings' or scan the QR code.



Photos by Mary Voss



# Cumberland Township Residents, Savvy Citizen® is now available!



Cumberland Township would like to introduce Savvy Citizen. Savvy Citizen is a free notification system for Apple and Android users that will enable the township to send information about important township news and events directly to residents' mobile devices. Residents may access Savvy Citizen by downloading the smartphone app, visiting the website below or scanning the QR code with your phone's camera.



*For more info:*

**SavvyCitizenApp.com**

*Sign up and become a savvy citizen!*



## We want you!

If you'd like to be featured in our next Dispatch, please reach out! You can submit articles, topics you'd like to learn more about, or photographs from around our beautiful township!

Please send all correspondence to  
[mvoss@cumberlandtwppa.gov](mailto:mvoss@cumberlandtwppa.gov) with NEWSLETTER in the subject  
line. We appreciate you!

# Get Involved!!

## Available appointments:

But how??

### Have you seen this form?



**CUMBERLAND TOWNSHIP**

1370 FAIRFIELD ROAD • GETTYSBURG, PENNSYLVANIA 17325  
PHONE (717) 334-6485 FAX (717) 334-3632

#### Citizen Interest Form

Thank-you for your interest in serving on a Commission, Committee, Authority, or Board with Cumberland Township. Appointments are made by the Cumberland Township Board of Supervisors in accordance with the Pa. Second Class Township Code.

Please provide the following information:

Name:

Cumberland Township residence (address):

Phone #:

E-mail Address:

Position you are applying for:

Occupation:

Location of occupation:

Education:

Other information you deem pertinent (attach):

Date:

Signature: \_\_\_\_\_

Forward to: Michele Long, Township Secretary, 1370 Fairfield Road,  
Gettysburg, PA 17325;  
e-mail: [mlong@cumberlandtwppa.gov](mailto:mlong@cumberlandtwppa.gov)

The Citizen Interest form can  
be found in the Document  
Center at

[www.cumberlandtwppa.gov](http://www.cumberlandtwppa.gov)

Simply fill it out and email it  
or drop it off at the  
Municipal Office located at  
1370 Fairfield Road!!

Planning Commission - an advisory group to the Board of Supervisors on issues and policies related to planning, land use regulation, and community development.

ZHB (Zoning Hearing Board) - a quasi-judicial board to help assure fair and equitable application and administration of the zoning ordinance by hearing appeals on the zoning officer's determinations and by granting relief from the literal enforcement of the ordinance in certain hardship situations.

CTA Board (Cumberland Township Authority) - the governing body of the municipal sewer authority.

GARA (Gettysburg Area Recreation Authority) - within its mission focus, the Gettysburg Area Recreation Authority has been established to organize year round programs and services to help sustain better health and wellness in our community.

HARB (Historical Architectural Review Board) - reviews and makes decisions regarding architectural design, landscaping, and signs for historic resources and buildings within historic districts.

Appointments generally take place at the reorganization meeting at the beginning of each year, but occasionally need to happen mid-year due to unforeseen circumstances.

We accept interest forms all year long!



Download Savvy Citizen to be the first to know of open positions and other ways to volunteer for your community!

# EVENTS!

## January

- 4th- Glass Recycling Center Open
- 4th- (GNMP) Winter Lecture Series: AP Hill
- 6th- BOS Reorg Mtg 4p
- 9th- Planning Commission Mtg 5:30p
- 13th- CTA Board Mtg 3p
- 13th- GARA Mtg 7p Charlie Sterner Bldg
- 18th- (GF) A Night with the Painting 4-6p
- 22nd- (HAC) When the Sun Goes Down 6:15p
- 28th- BOS Mtg 7p



Gettysburg Foundation  
(GF) event information  
can be found at  
[gettysburgfoundation.org](http://gettysburgfoundation.org)

## February

- 1st- Glass Recycling Center Open
- 8th- (GNMP) Sensory Friendly Hours 9a-11a
- 10th- CTA Board Mtg 3p
- 10th- GARA Mtg 7p Charlie Sterner Bldg
- 13th- Planning Commission Mtg 5:30p
- 15th- (GF) A Night with the Painting 4-6p
- 25th- BOS Mtg 7p



Healthy Adams (HAC)  
event information can be  
found at  
[healthyadamscounty.org](http://healthyadamscounty.org)

BOS, CTA, and Planning Commission Board meetings are held at 730 Chambersburg Road

## March

- 1st- Glass Recycling Center Open
- 10th- CTA Board Mtg 3pm
- 13th- Planning Commission Mtg 5:30p
- 15th- (GF) A Night with the Painting 5-7p
- 17th- GARA Mtg 7p Charlie Sterner Bldg
- 25th- BOS Mtg 7p



Gettysburg National  
Military Park (GNMP)  
event information can be  
found at [nps.gov](http://nps.gov)

ACHS- Adams County Historical Society  
625 Biglerville Road  
Tickets available at [www.achs-pa.org](http://www.achs-pa.org)

Have a township event you'd  
like included in our next  
edition? Email  
[mvoss@cumberlandtwppa.gov](mailto:mvoss@cumberlandtwppa.gov)  
with EVENT in the subject line.  
We'd love to help you get the  
word out!



Download Savvy Citizen and stay  
on top of fun events happening in  
and around our beautiful  
township!

# Essential Township Contacts

For all your township needs...

## Cumberland Township Municipal Building

717-334-6485  
730 Chambersburg Road  
[www.cumberlandtwppa.gov](http://www.cumberlandtwppa.gov)

For all your sewer needs...

## Cumberland Township Sewer Authority

717-334-6485  
730 Chambersburg Road  
Emergency line- 717-253-0122  
[www.cumberlandtwppa.gov](http://www.cumberlandtwppa.gov)

For all your garbage and  
curbside recycling needs...

## Waste Connections

717-709-1700  
3747 White Church Rd, Chambersburg  
[www.wasteconnections.com](http://www.wasteconnections.com)

For all your large item recycling  
needs...

## Adams Rescue Mission

717-334-7502  
2515 York Road  
[adamsrescuemission@yahoo.com](mailto:adamsrescuemission@yahoo.com)  
[www.adamsrescuemission.org](http://www.adamsrescuemission.org)

For all your permitting, code  
enforcement, and zoning  
needs...

## PMCA

717-495-4995 ext. 172  
1895B York Road  
[www.pacodealliance.com](http://www.pacodealliance.com)

For all your water needs...

## Gettysburg Municipal Authority

717-334-6738  
601 E Middle Street PO Box 3307  
[www.gettysburgma.com](http://www.gettysburgma.com)

For all your electricity needs...  
**Adams Electric Co-Op**

1-800-726-2324  
1338 Biglerville Road  
[www.adamsec.coop](http://www.adamsec.coop)

## Met-Ed

1-800-545-7741  
261 S Franklin Street  
[www.firstenergycorp.com](http://www.firstenergycorp.com)

Adams County Department  
of Emergency Services  
**NON-EMERGENCY**  
number

**717-334-8101**